Registering with a General Practitioner (GP)

The College requires all students to register with a local NHS GP Surgery (General Practitioner Surgery). Registering with a GP in Cambridge does not stop you from consulting your family doctor during vacations although you will be asked to complete a temporary resident form on these occasions. Your GP is your main point of contact with the NHS, they treat all common conditions and will refer you on to specialist services within the NHS when required. Some Cambridge GP surgeries continue to support students out of term using remote consulting.

Below are the details of the GP Surgeries that are closest to Sidney Sussex and/or close to the lecture sites. If you are living out of college then information on other surgeries can be found here.

GP Surgery	Online Registration information
Bridge Street Medical Centre	https://www.bridgestreetmedicalcentre.com/join-
2 All Saints Passage (Off Bridge Street) Cambridge CB2 3LS	the-practice
Newnham Walk Surgery	https://www.newnhamwalksurgery.nhs.uk/new-
Wordsworth Grove	patients-2
Cambridge	
CB3 9HS	
2 nd surgery in the City Centre on the 1 st	
floor of Boots pharmacy.	
Trumpington Street Medical Practice,	https://www.trumpingtonstreetmedicalpractice.co.uk
56 Trumpington Street Cambridge CB2 1RG	/join-the-practice

It is important to prioritise registering with a GP as soon as you can, rather than waiting until you need to see a doctor.

GP registration for UK Students: It is recommended that you register online with your new surgery **ONE WEEK BEFORE** coming to Cambridge (you shouldn't do this earlier in case you need to see a GP before leaving home). Please note that once you complete online registration your medical notes will transfer to your new surgery so make sure that you have adequate supplies (minimum 4 weeks) of any prescribed medication that you require before you switch surgeries.

GP registration for non-UK Students: Some surgeries (e.g. Newnham Walk and Bridge Street) are accepting online GP registration at any time before you arrive in the UK but others (e.g. Trumpington) ask that you send your registration in once you have arrived. Please check this information if you are looking at other surgeries.

To register at a local GP surgery, you will need the following information:

- NHS card or NHS number (International students who have not registered in the UK before will receive an NHS number upon registration with a GP.) If you are not sure of your NHS number then please <u>check here</u>.
- Name and address of your previous GP.

The online registrations for some surgeries requires proof of ID, proof of address and proof
of immigration status for overseas students. Please read the registration instructions
carefully. If you require proof of address and are in college accommodation then you may be
able to use your Sidney acceptance letter, if this is not sufficient then contact
<u>Tutorial@sid.cam.ac.uk</u> for undergraduates and <u>GraduateOffice@sid.cam.ac.uk</u> for
postgraduates.

Additional Information for Non-UK Students

Please see link for more information about NHS entitlement as an overseas student: https://www.internationalstudents.cam.ac.uk/arriving/healthcare-uk and direct any queries you have about this to the International Student Office

Long Term Health Conditions

As well as the above, please bring documentary evidence from your doctor (in English) as confirmation for any existing long term health condition including any medication you are taking. Once you are registered with a Cambridge GP you should book for an appointment to discuss your health condition.

Ongoing Medication

If you are receiving medical treatment or taking medication, bring a doctor's letter (in English) confirming the treatment and/or any medication you are receiving. If you need ongoing medication in the UK, the GP surgery will explain how they arrange repeat prescriptions. It can take up to 48hrs to obtain a repeat prescription but it's a very good idea to come with at least a 4 week supply so there is plenty of time to sort out your medication.

Please note that GPs reserve the right not to prescribe certain medication and not all medication from outside the UK is available on the NHS. Your GP will sometimes be unable to prescribe the medication you are taking because it is not used here or because of NHS prescribing restrictions. If you have specialised medication or you are in any doubt, you are advised to bring a supply with you.

UK phone number

Please be aware that if a GP or other NHS service needs to contact you by 'phone, which happens quite commonly, **you will need a UK phone number** so it is recommended to get a UK SIM as soon as possible.